



Ralph Cashman Open Competition

Saturday 25 February 2017

DRAFT ENTRIES



SESSION 1 (10 ATHLETES)					WEIGH IN 7:00 - 8:00	
PRESENTATION 9:00						
LOT	LIFTER	SEX	DOB	CLUB	B/W	
19	Annette Willmott	f	1955	Aphesis Barbell Club	F48	
92	Janet Adam	f	1994	Burwood High Performance	F53	
99	Kushini Jayawardane	f	1992	RAW Barbell Club	F53	
51	Lady Seeto	f	1985	Shred Barbell Club	F58	
53	Jennifer Williams	f	1977	Shire Speed and Strength	F58	
83	Joanna Taylor	f	1989	Lift Performance Centre	F58	
2	Carlene Portela	f	1978	RAW Barbell Club	F63	
78	Maddi Wu	f	1998	Burwood High Performance	F63	
87	Sabah Chamoun	f	2000	Summer Hill Weightlifting Club	F63	
94	Keely Barakat	f	1993	Shire Speed and Strength	F63	

SESSION 2 (15 ATHLETES)					WEIGH IN 9:00 - 10:00	
PRESENTATION 11:00						
LOT	LIFTER	SEX	DOB	CLUB	B/W	
24	Hamish Adam	m	1997	Burwood High Performance	M69	
26	Shah Naveed Choudhury	m	1989	Lift Performance Centre	M69	
35	Yannick Mifsud	m	1989	Shred Barbell Club	M69	
37	Joshua Wu	m	1996	Burwood High Performance	M69	
42	Rocky Dean-Shoji	m	1987	Cinder Weight Lifting Club	M69	
31	Dean Coulter	m	1995	Shire Speed and Strength	M77	
40	Fabian Garcia	m	1979	New Beginning Weightlifting	M77	
56	Bouachanh Thongvilu	m	1961	RAW Barbell Club	M77	
93	Paulo Atienza	m	1986	Shred Barbell Club	M77	
23	Corey Hele	m	1989	Shred Barbell Club	M85	
30	Gerard Lyons	m	1994	Burwood High Performance	M85	
34	Kevin Cawthorne	m	1996	New Beginning Weightlifting	M85	
62	Kyle Park	m	1999	Zubin Weightlifting Club	M85	
72	Garry Wong	m	1998	New Beginning Weightlifting	M85	
88	Nicholas Stavroulakis	m	1996	Olympic Gym	M85	





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SESSION 3 (9 ATHLETES)					WEIGH IN 12:00 - 1.00	
PRESENTATION 2:00						
LOT	LIFTER	SEX	DOB	CLUB	B/W	
45	Isabel Lorenzi	f	1999	Burwood High Performance	F69	
49	Bronwyn Steele	f	1989	Lift Performance Centre	F69	
71	Elisha Deep	f	1995	RAW Barbell Club	F69	
75	Lisa McGavern	f	1969	CrossFit Hunter Barbell	F69	
90	Ashley Robottom	f	2000	CrossFit Hunter Barbell	F69	
4	Sanika Gode	f	1995	Burwood High Performance	F75	
39	Sue Rennett	f	1967	RAW Barbell Club	F75	
16	Dimitra Tsiliaskopoulos	f	1984	Titans Weightlifting Club	F90	
50	Mary Bowie	f	1969	Lift Performance Centre	F90+	

SESSION 4 (11 ATHLETES)					WEIGH IN 1:45 - 2:45	
PRESENTATION 3:45						
LOT	LIFTER	SEX	DOB	CLUB	B/W	
17	Shane Scott	m	1976	CrossFit Hunter Barbell	M94	
43	Clinton McNabb	m	1982	Lift Performance Centre	M94	
52	Matthew Gibbons	m	1982	Shire Speed and Strength	M94	
73	Wayne Park	m	1987	Shred Barbell Club	M94	
77	Ridge Barredo	m	1995	Aphesis Barbell Club	M94	
41	Michael Naim	m	1989	New Beginning Weightlifting	M105	
81	Michael Inskip	m	1992	Titans Weightlifting Club	M105	
100	Edward Mandla	m	1963	Titans Weightlifting Club	M105	
54	Mitchil Mann	m	1987	Burwood High Performance	M105+	
55	Paul Dewar	m	1960	Aphesis Barbell Club	M105+	
91	Orion Walsh	m	1999	CrossFit Hunter Barbell	M105+	

